

New Jersey Endodontics LLC

Thomas B. Allen D D S

## Root Canal Therapy Post Operative Instructions

Most teeth are usually completed in 1 to 3 visits. While treatment is usually painless, tenderness & swelling may occasionally occur between visits. Since anesthetic has been used during treatment, you may be numb for several hours after treatment. Please avoid chewing & hot beverages until the anesthesia has completely worn off.

Between appointments, a TEMPORARY filling is placed to protect your tooth. It is common (and not a problem) for a small portion of the temporary filling to wear away or break off. If the entire filling should fall out or break, please call the office to come in & have it replaced.

If your tooth is left open for drainage, rinse vigorously between 4 to 5 times a day with warm salt water. Avoid chewing on the side of treatment so you do not block the open tooth with food particles.

It is normal to experience some discomfort for several days after treatment.

If an antibiotic is prescribed, please continue to take them as directed, even if all symptoms prior to treatment have subsided. After your first visit, you will be given 2 Ibuprofen tablets & 2 Acetaminophen tablets (assuming you can take either medications) before the anesthesia wears off. This will greatly reduce most post operative discomfort. You may repeat this step 4 to 5 hours after the initial dose.

To protect your tooth, please avoid eating sticky or hard foods. You may chew normally on the other side of your mouth. Continue to brush your teeth as usual. If you experience swelling and or increasing pain, please contact the office with your concerns.

Upon the completion of your root canal, it is your responsibility to contact your general dentist for an appointment to permanently restore your tooth. Dr. Allen prefers a 2 week waiting period after completion of the root canal. We do advise you to call your general dentist right after treatment to set up this appointment.

Thank you for choosing New Jersey Endodontics

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